



Library Catalog - Asthma Titles Only

Material Codes: 1=Video, 2=Book,
3=Display, 4=Other

Subject Codes: AQ=Air Quality, As=Asthma,
Lung=Lung Disease, T=Tobacco

Title	Catalog #	Material	Subject	Audience	Length	Description	# Copies	AQ	As	Lung	T
A Guide to COPD and Lung Cancer	442	2	graphic illustration of lung functions	all	short	Excellent graphic illustrations of lungs and explanations of lung diseases. Board book.	4	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
A Guide to COPD and Lung Cancer	441	2	graphic illustration of lung functions	all	short	Excellent graphic illustrations of lungs and explanations of lung diseases. Board book.	4	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
A Guide to COPD and Lung Cancer	318	2	graphic illustration of lung functions	all	short	Excellent graphic illustrations of lungs and explanations of lung diseases.	4	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
A Guide to COPD and Lung Cancer	443	2	graphic illustration of lung functions	all	short	Excellent graphic illustrations of lungs and explanations of lung diseases. Board book.	4	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
An Introduction to Optihaler	496	1	product demo for metered dose inhaler	lung patients	5 minutes	A description of the Optihaler is followed by instructions for its use. It is stated in this advertisement that the unique design of this metered dose inhaler enables more effective drug delivery.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Breathe Easy	319	2	A Guide to Lung and Respiratory Diseases for Patients and Their Families	lung disease patients		Questions and Answers about lung diseases. Quite technical.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

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Every Breath You Take	278	1	Lung Disease	High School/Adult	45 minutes	"When You Can't Breathe, Nothing Else Matters," concludes Walter Cronkite, in this video that highlights lung disease caused by tuberculosis, asthma, and smoking. Includes an insightful visit to a smoking cessation class.	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Every Breath You Take	364	1	lung disease	high school/adult		"When You Can't Breathe, Nothing Else Matters," concludes Walter Cronkite, in this video that highlights lung disease caused by tuberculosis, asthma, and smoking. Includes an insightful visit to a smoking cessation class.	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Good If Not Great Living With Lung Disease	469	2	easy planning for adults and children with breathing problems	lung patients	115 pp.	Experiences, equipment usage and easy planning for adults and children with breathing problems.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Inhalation Techniques - Spanish version	440	1	inhaler techniques and maintenance	adults - Spanish language			1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Meted Dose Inhaler Demo	504	1	inhaler use	lung patients		Christopher Reeves demonstrates the proper use of the metered dose inhaler. Three different methods are shown.	4	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Metered Dose Inhaler Demo	367	1	inhalers	lung patients	5 minutes	Christopher Reeves demonstrates the proper use of the metered dose inhaler. Three different methods are shown.	4	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Tecnicas de Inhalacion Y Mantenimiento del Inhalador	368	1	inhalers	lung patients - Spanish speaking		Christopher Reeves demonstrates the proper use of the metered dose inhaler. Three different methods are shown.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

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A Breath Away	293	1	Hope for adults & children with chronic respiratory, allergic and immunologic diseases	adult	14 minutes	Tom, Margie, and Robin are featured in this glowing testimonial to National Jewish Hospital in Denver, one of the world's only hospitals to specialize in asthma research and treatment.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A is for Asthma	522	1	what is asthma	preschool	15 - 16 minutes	In English and Spanish. Sesame Street characters, elmo, Dani, Rosita, and others explain the importance of breathing and how asthma makes breathing difficult. A peer and patient education on the preschool level.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A is for Asthma	521	1	what is asthma	preschool	15 - 16 minutes	In English and Spanish. Sesame Street characters, elmo, Dani, Rosita, and others explain the importance of breathing and how asthma makes breathing difficult. A peer and patient education on the preschool level.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A is for Asthma	523	1	what is asthma	preschool	15 - 16 minutes	In English and Spanish. Sesame Street characters, elmo, Dani, Rosita, and others explain the importance of breathing and how asthma makes breathing difficult. A peer and patient education on the preschool level.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A Kid's Guide To Asthma	285	1	childhood asthma/use of the Pulmo-Aide	elementary	14 minutes	A very energetic Ryan talks directly to kids with asthma in a very hopeful and informative presentation. Includes instruction in the use of the Pulmo-Aide.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
All About Asthma & How to Live With It	317	2	The Complete Guide to Understanding & Controlling Asthma	adult	245 pp	Written from a physician's perspective as a management guide. Includes tips for pregnant asthmatic women.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Allergic Rhinitis and Asthma: A Clinical Practice Update	490	1	same as title	Healthcare Providers			1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asthma and COPD	445	2	asthma/lung/disease	children	short	Short description of diseases and their causes. Good illustrations. Board book.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Asthma and COPD	311	2	asthma/lung disease	children	short	Short description of diseases and their causes. Good illustrations	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asthma and the Athlete	321	1	exercise and asthma	adult		This topic discusses which exercises are best for those with asthma, and how an allergist can help athletes with asthma to properly manage and treat their disease.	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asthma and the Athlete	322	1	exercise and asthma	adult		This topic discusses which exercises are best for those with asthma, and how an allergist can help athletes with asthma to properly manage and treat their disease.	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asthma Display Board	560	3	Asthma Awareness	all		Tri-fold table-top felt board with velcroed foam core pieces.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asthma Management	325	1	Asthma Management	adult		This tape describes exactly what happens during an asthma attack, and how to manage asthma.	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asthma Management	324	1	Asthma Management	adult		This tape describes exactly what happens during an asthma attack, and how to manage asthma.	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asthma Triggers	323	1	Asthma Management	adult		Described in this video are ways patients with asthma can reduce their risk of an attack by avoiding asthma triggers and practicing appropriate management.	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Asthma Triggers	320	1	Asthma Management	Adult		Described in this video are ways patients with asthma can reduce their risk of an attack by avoiding asthma triggers and practicing appropriate management.	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asthma; An Emerging Epidemic	531	2	Asthma Trends and Guide	Adults:patients, parents, educators	397 pp.	"Looks at the causes of the ongoing asthma allergy epidemic including why clean environments of Western societies may be the culprit. Old and new asthma medications, including their side effects, are detailed."	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asthma; The Complete Guide to Self-Management of Asthma and Allergies...	466	2	self-management of asthma	asthma patients and families	343 pp.	Comprehensive practical information to help the asthmatic breathe easier and work more effectively with his/her doctor.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asthma; The Complete Guide to Self-Management of Asthma and Allergies...	464	2	self-management of asthma	asthma patients and families	343 pp.	Comprehensive practical information to help the asthmatic breathe easier and work more effectively with his/her doctor.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asthma; The Complete Guide to Self-Management of Asthma and Allergies...	465	2	self-management of asthma	asthma patients and families	343 pp.	Comprehensive practical information to help the asthmatic breathe easier and work more effectively with his/her doctor.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Breathe Easy; Young People's Guide to Asthma	312	2	asthma tips	asthmatic children ages 8-13	63 pp	"How to..." book on asthma for kids.	4	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Breathe Easy; Young People's Guide to Asthma	447	2	asthma tips	asthmatic children ages 8-13	63 pp	"How to..." book on asthma for kids.	4	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Breathe Easy; Young People's Guide to Asthma	446	2	asthma tips	asthmatic children ages 8-13	63 pp	"How to..." book on asthma for kids.	4	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Breathe Easy; Young People's Guide to Asthma	448	2	asthma tips	asthmatic children ages 8-13	63 pp	"How to..." book on asthma for kids.	4	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bronkie the Bronchiasaurus	287	1	Nintendo Asthma Game	6+			1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Care of Children With Asthma in Child Care & School Settings	294	1	asthma in the schoolhouse	educators	37 minutes	Three million school children suffer from asthma, and this video strives to educate the educators on dealing with this problem. The causes, triggers, symptoms and treatment of asthma are thoroughly explored, along with the proper response to sudden attacks.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Children With Asthma; A Manual for Parents	462	2	"How to..." guide for asthma	Parents of asthmatic children	230 pp.		3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Children With Asthma; A Manual for Parents	461	2	"How to..." guide for asthma	Parents of asthmatic children	230 pp.		3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Como vivir bien con asma	546	1	adult asthma management - SPANISH VERSION	adults	18:13	"Atienda su asma en casa! Este video le enseñara que es el asma y como afecta a su cuerpo, maneras de mantenerse al tanto de sus ataques de asma y de sus sintomas, como darse cuenta de que un ataque esta comenzando, maneras de lidiar con las cosas que le producen ataques de asma, como usar medicamentos para tratar y evitar los ataques, como usar un medidor de aire, como encargarse de su asma en casa siguiendo su propio plan de tratamiento."	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Controlling Cockroaches in Your Home	301	1	control of an asthma trigger - cockroaches	all	11 minutes	Recent studies have identified cockroaches as a very powerful trigger in asthma attacks, and this video walks you through step-by-step methods of minimizing this hazard.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Diaphragmatic Breathing	362	1	Deep Breathing Techniques	high school to adult	33 minutes	In this video, Dr. Pepper teaches us the techniques and benefits of deep or diaphragmatic breathing. This holistic approach offers relief for asthma sufferers.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Essence of Life	292	1	living with asthma	elementary to adult	23 minutes	This video scans the entire landscape of asthma, from causes to treatment. We meet sufferers who describe asthma attacks as being like breathing through a small straw, or like having someone standing on your chest robbing you of the "Essence of Life", which is breath.	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Essence of Life	363	1	living with asthma	elementary to adult	23 minutes	This video scans the entire landscape of asthma, from causes to treatment. We meet sufferers who describe asthma attacks as being like breathing through a small straw, or like having someone standing on your chest robbing you of the "Essence of Life", which is breath.	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exercise Induced Asthma/Unleashing the Potential	449	1	Controlling Exercise Induced Asthma	young adult/adult	20:45	A somewhat technical video that follows the progress of three sufferers of EIA. We learn that it is a commonly undiagnosed condition that is very treatable through medication.	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exercise Induced Asthma/Unleashing the Potential	284	1	Controlling Exercise Induced Asthma/	Young Adult, Adult	20:45	A somewhat technical video that follows the progress of three sufferers of EIA. We learn that it is a commonly undiagnosed condition that is very treatable through medication.	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Family Guide to Asthma & Allergies	313	2	How You and your Children Can Breathe Easier	parents of asthmatic children	235 pp.	Question and Answer book for parents of children with asthma. Focuses on pediatric, but covers adult as well.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Family Guide to Asthma & Allergies	451	2	How You and Your Children Can Breathe Easier	parents of asthmatic/allergic children	235 pp.	Question and Answer book for parents of children with asthma. Focuses on pediatric, but covers adult as well.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Family Guide to Asthma & Allergies	450	2	How You and Your Children Can Breathe Easier	parents of asthmatic/allergic children	235 pp.	Question and Answer book for parents of children with asthma. Focuses on pediatric, but covers adult as well.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Guide To Your Child's Allergies and Asthma	315	2	Breathing Easy and Bringing Up Healthy Active Children	parents of asthmatic children	185 pp.	A user-Friendly book with current advice from pediatricians for parents of asthmatic children.	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Guide To Your Child's Allergies and Asthma	452	2	Breathing Easy and Bringing Up Healthy Active Children	parents of asthmatic/allergic children	185 pp.	A user-friendly book with current advice from pediatricians for parents of asthmatic and allergic children.	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Health at Home; Controlling Asthma	290	1	learn to control asthma triggers in the home	adult	12 minutes	Tobacco smoke, cockroaches, dust mites, mold, pets - these are the most common asthma triggers lurking in the home, and this video shows us how to minimize these threats to the asthma sufferer.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inhaled Asthma Medications	326	1	Inhaler Meds and Techniques	adult		This topic describes asthma inflammation and the inhaled medications used for treatment, including metered dose inhalers (MDI's), dry power inhalers (DPI's), corticosteroids, bronchodilators, nebulizers, and their medications. Proper inhaler and spacer techniques, maintenance measure, and advances in asthma medications are also covered.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Learning About Asthma	453	1	Childhood Asthma	upper elementary - adult	51 minutes	We begin with the astounding statistic that 125 million school days are lost per year because of asthma, accounting for 61% of all school days lost. This is a detailed and concise nuts and bolts look at childhood asthma. Part 1 describes anatomy, physiology, early warning signs and treatment. Part 2 deals with triggers, and Part 3 goes over medications	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Learning About Asthma	306	1	Childhood Asthma	upper elementary - adult	51 minutes	We begin with the astounding statistic that 125 million school days are lost per year because of asthma, accounting for 61% of all school days lost. This is a detailed and concise nuts and bolts look at childhood asthma. Part I describes anatomy, physiology, early warning signs and treatment. Part 2 deals with triggers, and Part 3 goes over medications.	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Learning About Asthma: The Asthma Attack	355	1	Asthma Diagnosis	adult	12 minutes	This video offers a good overview of the dynamics of an asthma attack. Possible triggers and tests used to confirm a diagnosis are covered in the first segment of this series.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Learning About Asthma: The Asthma Attack	354	1	Asthma Diagnosis	adult	12 minutes	This video offers a good overview of the dynamics of an asthma attack. Possible triggers and tests used to confirm a diagnosis are covered in the first segment of this series.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Learning About Asthma: The Asthma Attack	353	1	Asthma Diagnosis	adult	12 minutes	This video offers a good overview of the dynamics of an asthma attack. Possible triggers and tests used to confirm a diagnosis are covered in the first segment of this series.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Learning About Asthma: Treatment	356	1	Asthma Meds	adult	18 minutes	How to control asthma with medications and avoid known allergens is covered. Techniques to build tolerance to allergens, including immunotherapy are discussed. Video also discusses home remedies and other treatments.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Learning About Asthma: Treatment	358	1	Asthma Meds	adult	18 minutes	How to control asthma with medications and avoid known allergens is covered. Techniques to build tolerance to allergens, including immunotherapy are discussed. Video also discusses home remedies and other treatments.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Learning About Asthma: Treatment	357	1	Asthma Meds	adult	18 minutes	How to control asthma with medications and avoid known allergens is covered. Techniques to build tolerance to allergens, including immunotherapy are discussed. Video also discusses home remedies and other treatments.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Learning About Asthma: A New Way of Life	359	1	Asthma and Lifestyle	adult	17 minutes	Video discusses how easy lifestyle adjustments can be made in order to continue an active lifestyle with asthma. General guidelines to exercise for asthmatics are presented.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Learning About Asthma: A New Way of Life	361	1	Asthma and Lifestyle	adult	17 minutes	Video discusses how easy lifestyle adjustments can be made in order to continue an active lifestyle with asthma. General guidelines to exercise for asthmatics are presented.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Learning About Asthma: A New Way of Life	360	1	Asthma and Lifestyle	adult	17 minutes	Video discusses how easy lifestyle adjustments can be made in order to continue an active lifestyle with asthma. General guidelines to exercise for asthmatics are presented.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Living Well With Asthma	544	1	adult asthma management	adults	18:13	"This video will show you: what asthma is and how it affects your body, ways to keep track of your asthma flare-ups and symptoms, how you can tell a flare-up is starting, ways to deal with things that trigger your asthma, how to use medications to treat and prevent flare-ups, how to use a peak flow meter, how to take care of your asthma at home with a self-management plan"	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Living Well With Asthma	545	1	adult asthma management	adults	18:13	"This video will show you: what asthma is and how it affects your body, ways to keep track of your asthma flare-ups and symptoms, how you can tell a flare-up is starting, ways to deal with things that trigger your asthma, how to use medications to treat and prevent flare-ups, how to use a peak flow meter, how to take care of your asthma at home with a self-management plan"	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Making a Difference; Asthma Management in School	454	1	childhood asthma in school	school personnel	13 minutes	A crisp, compact and informative video covering the symptoms, causes, and treatment of asthma. Aimed at school personnel to help them deal with this major health problem in our schools.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Making A Difference; Asthma Management in School	480	1	childhood asthma in school	school personnel	13:30	A crisp, compact and informative video covering the symptoms, causes, and treatment of asthma. Aimed at school personnel to help them deal with this major health problem in our schools.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Managing Asthma; A Guide for Adults With Asthma	329	1	Asthma Management	Adult	23 minutes	Shows how four adults manage their asthma by identifying and avoiding triggers, using medications and breathing devices as prescribed, and recognizing the warning signs of an attack. Stresses the importance of working with one's health-care provider to develop an asthma management program.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Managing Asthma; A Guide for Adults With Asthma	328	1	Asthma Management	Adult	23 minutes	Shows how four adults manage their asthma by identifying and avoiding triggers, using medications and breathing devices as prescribed, and recognizing the warning signs of an attack. Stresses the importance of working with one's health-care provider to develop an asthma management program.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Managing Asthma; A Guide for Adults With Asthma	327	1	Asthma Management	Adult	23 minutes	Shows how four adults manage their asthma by identifying and avoiding triggers, using medications and breathing devices as prescribed, and recognizing the warning signs of an attack. Stresses the importance of working with one's health-care provider to develop an asthma management program.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Managing Childhood Asthma	302	1	pediatric asthma	elementary through adult	32 minutes	An informative video that introduces us to several families with an asthmatic child. The importance of establishing a relationship with a doctor, using asthma medicines and identifying asthma triggers are all thoroughly detailed.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Managing Childhood Asthma; A Parent's Guide	334	1	Pediatric Asthma	Parents of Asthmatic Children	23:19	Recommended by the ALA. Teaches parents how to manage asthma so their child can lead a normal health, active life. Viewers learn how to : become active partners with health-care providers; discover and control asthma triggers; recognize warning signs of an asthma episode; teach their child how to manage asthma; and more. Dispels myths about asthma and emotional problems.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Material Codes: 1=Video, 2=Book,
3=Display, 4=Other

Subject Codes: AQ=Air Quality, As=Asthma,
Lung=Lung Disease, T=Tobacco

Title	Catalog #	Material	Subject	Audience	Length	Description	# Copies	AQ	As	Lung	T
Managing Childhood Asthma; A Parent's Guide	335	1	Pediatric Asthma	Parents of Asthmatic Children	23:19	Recommended by the ALA. Teaches parents how to manage asthma so their child can lead a normal health, active life. Viewers learn how to : become active partners with health-care providers; discover and control asthma triggers; recognize warning signs of an asthma episode; teach their child how to manage asthma; and more. Dispels myths about asthma and emotional problems.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Managing Childhood Asthma; A Parent's Guide	336	1	Pediatric Asthma	Parents of Asthmatic Children	23:19	Recommended by the ALA. Teaches parents how to manage asthma so their child can lead a normal health, active life. Viewers learn how to : become active partners with health-care providers; discover and control asthma triggers; recognize warning signs of an asthma episode; teach their child how to manage asthma; and more. Dispels myths about asthma and emotional problems.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Managing Myself	289	1	learning to live well with asthma	upper elementary to adult	17 minutes	Marcus, Claudia, Julia, and Robert show how they excel in life while being afflicted with asthma. This is a clearly presented tutorial, explaining the causes and treatment of the disease with excellent animation showing its physiology.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Managing Your Asthma	286	1	Understanding Proper Inhaler & Peak Flow Technique	all asthma patients	8:40	Proper use of the metered dose inhaler using the open mouth, closed mouth and spacer techniques is clearly shown. Also, the peak flow meter's use is explained in an easily understood manner. This video has both an English and a Spanish presentation	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mastering Asthma	281	1	A Family Guide for Living With Asthma	upper elementary to adult	20 minutes	An informative video for both parents and kids that takes the viewer into the lives of three different families living with childhood asthma.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Metered Dose Inhaler Demo	282	1	Inhaler Use	all	5 minutes	Christopher Reeves demonstrates the proper use of the metered dose inhaler. Three different methods are shown.	4	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Metered Dose Inhaler Demo	479	1	Inhaler Use	all	5 minutes	Christopher Reeves demonstrates the proper use of the metered dose inhaler. Three different methods are shown.	4	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overview of Asthma	291	1		high school - adult	11 minutes	There is no wasted footage in this video, which examines facts and myths about asthma in a very workmanlike manner.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
So You Have Asthma Too!	277	1	Childhood Asthma	Elementary	6 minutes	"Having asthma is really not so bad," chirps Brooke, the seven-year old narrator of this short but informative animated video.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sportercise	555	2	exercise induced asthma	elementary	15-20pp	Picture book, soft-bound.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Su Nino y el Asma	543	1	pediatric asthma management - SPANISH VERSION	parents of asthmatic children	23:50	"manejo el asma de su nino en su casa! Este video le mostrara: como manejar el asma para que su nino tenga una vida plena y activa, los sintomas del asma, los medicamentos contra el asma y la forma de usarlos, los estmulos comunes y la forma de controlarlos en su casa, como llevar una cuenta de los ataques y los sintomas del asma en su nino, el uso del medidor de aire, como usar un plan de control para responder a los sintomas."	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Taking Asthma to School	554	2	asthma in school	elementary	15-20pp	Picture book, soft-bound.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The ABC's of Asthma	556	2	What is Asthma?	elementary	15-20pp	Picture book, soft-bound.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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The Asthma Self-Help Book	316	2	asthma management	adult/parents/ health professionals	245 pp	Written from a physician perspective emphasizing a patient/doctor partnership in asthma management.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Trigger Proofing Your Home for Asthma and Allergy	279	1	Asthma Triggers in the Home	Teen/Adult	15 minutes	The hosts of tv's "Hometime" take us on a room by room journey through the micro world of dust, mold, mites, smoke, and other triggers found in every home. Offers great advice on minimizing these problems for asthma and allergy sufferers.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walk to Fight Asthma; Jason's Story	304	1	childhood asthma	all	4 minutes	A heartfelt and compelling portrait of Jason's life, which ends at the young age of sixteen from the effects of asthma. Narrated by Jason's father, the seriousness of the disease is emphasized.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
What Americans Should Know About Asthma	303	1	Overview of Asthma	High School - Adult	14 minutes	This video begins by debunking asthma myths and finishes with Jim Ryun, Olympic gold medallists encouraging asthma sufferers to "live life to your fullest potential."	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
What School Personnel Should Know About Asthma	288	1	asthma in the classroom	school personnel	11:23	Two and one half million children under fifteen have asthma. This video teaches the teachers how to deal with the disease by giving a look at its physiology, triggers, symptoms, and treatment. Spirited advice is given by the young sufferers to their teachers.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wheeze World	280	1	Asthma	9-15	11 minutes	What's so quiet about asthma? What's so noisy about a medicine? Zeke and Reggie, along with Shane and Clarissa, inform us about this and more in a spirited and zany spoof of the movie "Wayne's World".	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Winning Against Asthma	330	1	Pediatric Asthma	8-13	28:39	An entertaining vide/cartoon program that encourages cooperation with the asthma management plan, and reinforces the idea that kids with asthma can lead normal lives. Characters learn about symptoms, triggers, "trigger-proofing" one's room, taking medications and more.	3	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Your Allergies: Beating the Triggers	333	1	Allergies	adult	15:00	Shows how to "trigger-proof" a home. Tells how to reduce or eliminate dust collectors; make a bed safe to sleep in; keep floors dust-free; protect against smoke, animal dander, and kitchen mold; avoid triggers outside the home; and more.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your Child and Asthma	542	1	pediatric asthma management	parents of asthmatic children	23:50	"This video will show you: how to manage asthma so your child can live a full and active life, asthma symptoms, medications for asthma and how to use them, common triggers and how to control them in your home, how to keep track of your child's asthma flares, and symptoms, peak flow meter use, how to use a management plan to respond to symptoms."	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your Child and Asthma	541	1	pediatric asthma management	parents of asthmatic children	23:50	"This video will show you: how to manage asthma so your child can live a full and active life, asthma symptoms, medications for asthma and how to use them, common triggers and how to control them in your home, how to keep track of your child's asthma flares, and symptoms, peak flow meter use, how to use a management plan to respond to symptoms."	2	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Zoo Allergy	557	2	asthma and allergy triggers	elementary	15-20pp	Picture book, soft-bound.	1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Total Inventory: 103